



# Yeshiva University

Office of Academic Support

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## When to Schedule an Appointment

- Poor organization skills
- Overwhelmed by tasks
- Missed deadlines
- Difficulty focusing
- Difficulty prioritizing tasks
- Difficulty maintaining focus
- Poor notes
- Not sure how to study
- Poor test-taking skills
- Poor test grades
- Difficulty reading (speed, comprehension)
- Didn't work hard enough in high school

## What We Do

- Assistance with transition to college
- Help with organizational skills
- Time management strategies
- Tips to combat procrastination
- Active listening and study strategies
- Exam and assignment error analysis
- Assessment of study methods
- Use of supplementary resources
- Reading strategies
- Critical thinking skills
- Note-taking strategies
- Test-taking skills

Visit our website [here](#) for more information about the services offered by the Office of Academic Support and to access study skills workshops and additional information.

To make an appointment with a learning specialist email [academicsupport.wilf@yu.edu](mailto:academicsupport.wilf@yu.edu)